

Iowa Department on Aging

Director: Donna Harvey

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The Iowa Department on Aging Highlights the Importance of Older Iowans Remaining Independent

The Iowa Family Caregiver Program Helps Older Iowans Live Independently

(Des Moines, IA) – Today Iowa Department on Aging Director Donna Harvey reminded all Iowans of the importance in remaining independent as we age.

Director Harvey stated, “As we prepare to celebrate our national independence, we are reminded that remaining independent as we age is one of the most important goals we all share.”

Iowa is home to nearly 602,000 Iowans age sixty (60) and older, which is twenty percent (20%) of the state’s total population.

Area Agencies on Aging administer the Iowa Family Caregiver Program and can help caregivers find the support and services available for older Iowans to help them remain healthy and independent. This valuable program provides planning assistance; referrals; respite care; counseling; training and support groups for caregivers and those they care for.

Harvey continued, “Older Iowans want to live with independence and dignity within their own communities, and the Iowa Family Caregiver Program can help them achieve that goal.”

For questions regarding the Iowa Family Caregiver Program, and to find your local Area Agency on Aging, call toll-free 1-866-468-7887 or check out their website: www.iowafamilycaregiver.org.

For more information on the Iowa Department on Aging (IDA), visit: <http://www.aging.iowa.gov/> or call 1-800-532-3213. To locate resources for older adults and all Iowans with disabilities go to: www.lifelonglinks.org.

The mission of the Iowa Department on Aging (IDA) is to provide advocacy, educational, and prevention services to help Iowans remain independent as they age. IDA administers over 32 million dollars in services and supports through a network of Area Agencies on Aging across the state.

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